

Chartiers Valley Parents,

Did you know that breakfast and lunch are free again this year? Your child is entitled to receive 1 free reimbursable breakfast and 1 free reimbursable lunch per day! Did you also know that your child does not have to take all the items offered? That's right! Your child gets to pick and choose 3 of the 4 items offered at breakfast and 3 of the 5 items at lunch!

This got us thinking... Kids LOVE their lunch boxes! And some kids may not want to take what is for lunch every day. **BUT** maybe they would like some carrots with dip with an apple, and whole grain goldfish to complement their packed lunch. Why not?? The best part is that would be 3 of the 5 items offered and would be free to your student!

This was the reason we created the Colts Bag! The Colts Bag contains 3 popular items. Your child may choose to take the other 2 components if they would like as well! We have tested these quick grab lunch options and they are a hit! We hope that your child will love them too!

So, Moms and Dads! Let us do the work! We have your child's breakfast and lunch covered!

Colts Bag Possible Options

Fresh Vegetables w/ Dip
Fresh Fruit
Hummus
Whole Grain Chips
Whole Grain Crackers/ Goldfish
Whole Grain Bread options
Cheese Stick
Yogurt
Whole Grain Cookie

These are just few of the possible items used in the Colts Bags. All students are offered 5 items. They must take at least 3 of the 5 components for the meal to be free.



Please call the Food Service Office with any questions.

Food Service Director: Carly Jones

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